



**Van Buren County SAFE Coalition
October Meeting Minutes
Location: VBCH Community Services Center
Tuesday, October 18, 2016
9:00 a.m.**

Meeting called to order by Melissa Daugherty at 9:00 a.m.

Members Present: Heidi Bainbridge – IPFS Supervisor, Kitty Bogle – Other Organization, Gloria Brown – Other Organization, Julie Chapuis – Schools, Melissa Daugherty – Youth Serving Organization, Tonja Jirak – Parent, Ginger Knisley – Other Organization, Lee McIntosh – Law Enforcement, Rochelle Phelps – Behavioral Health, Kris Rankin – IPFS Coordinator, Kim Siegfried – Other Organization, Tammy Wetjen-Kesterson – Other Organization

August & September Meeting Minutes approved by: Tonja Jirak **Second:** Ginger Knisley

Topic: Iowa Partnerships for Success Work Group Updates & Discussions

- Local Social Host Ordinance: The local social host had its first reading a week ago and it went well. The coalition staff are looking for coalition members to attend the next two readings for support and to answer questions. The meetings are on October 24th and November 14th. If you are able to attend one or both of these please let Kris know. It is possible after the second reading that they may waive the third reading. If they decide to do this the coalition staff will let coalition members know as soon as possible.
- Alcohol Restrictions at Community Events at Privately Owned Facilities: Kitty has been working on this and needs help. She needs someone to contact the Stockport City Hall for the Senior Center. Gloria volunteered to contact them for her. The city of Cantril owns the ball diamond and their policy says there is to be no alcohol in the ball park. She needs help to contact the city of Milton. Kris shared that she will send her their email to try and contact them that way. The conservation office will be sharing their information with her when they find it – there is a new officer and he is in the process of organizing everything. The Stone House in Bentonsport does not allow alcohol. There are not a lot of written policies, but the unwritten rule is no alcohol allowed. While she was visiting with the manager at the Keosauqua Senior Center she added no alcohol to their written rules. She will be contacting the Farmington Senior Center for their rules. Everyone is open to what she is asking about. Melissa asked her to check into a new rental hall in Farmington when she talks to the Farmington Clerk. Gloria said it is a church that closed and Janet Phelps might know more about that location. Lions in Birmingham allows no alcohol. Heidi said the next step will be to draft a sample policy/policies (one for no alcohol allowed and one for alcohol being allowed) for the facilities to have in writing to share with their customers.
- Kris shared that the 2015-16 Action Plans for each strategy are in everyone's packets to review and see what has been completed. The IPFS Fiscal year ended on September 29, 2016. The coalition is currently waiting to hear if the 2016-17 Action Plan has been approved. The new Action Plans will be shared at the next coalition meeting and addressed during the work group time that day.
- Alcohol Use Restrictions in Public Places: Kris met with the City Councils, Board of Supervisors and Sheriff's Office and found out that currently all the local governments are relying on the Iowa State Code for their alcohol policies in public places. There is some inconsistent wording in the state code that the coalition staff are checking into with an attorney. If the wording means that no alcohol (including beer and wine) are allowed in public places then there is no need for the local governments to implement new policies. This would allow for the coalition to focus on addressing signage, education on the need for liquor licenses in public places, and working with the Sheriff's Office on Enforcement.
- Media Campaign: The posters are now in the hospitals and clinics; Gloria will be providing posters to the libraries this month and Kris will be providing the libraries with the digital file to use for their screen savers. The coalition has not been able to implement it at the school with the completion of the construction and new computers. Kris plans by the end of the year to have the screen savers on the Jr. High Computers and the ad on the Electronic Billboards. Over the next year the coalition would like to extend the media campaigns reach by having posters in local businesses, in the restrooms at the state park and a billboard. Kris was contacted by the owner of the billboard last week and informed that it will be open for use soon. The coalition will be moving forward with that and the billboard will be up for six months. Julie shared that there is now an electronic billboard up and in use and Robin can place the ad in the rotation.
- Life Skills Curriculum: The first group of students completed the curriculum last Friday and a new group started on Monday. Mrs. Donald, the teacher, is very excited and has shared that the curriculum is being well accepted and that the students are having great discussions during the lessons and are open to talk about the issues and how it affects their lives. Mrs. Donald has chosen to implement Level 1 with both 7th and 8th grade students this year and next year is planning on doing Level 1 with the 7th grade students and Levels 2 & 3 with the 8th grade students as there are fewer lessons in those levels.

ACTION STEP: Attend the Board of Supervisors Meetings; Distribute the Media Campaign Posters & Screen Savers to the School, Local Libraries and Businesses; Finish meeting with Local Facility Owner/Managers; visit with an attorney about the alcohol policy in public places.

By Whom: All Coalition Members; Gloria, Kris and other coalition members; Kitty & Gloria; Heidi & Kris

By When: December 20, 2016

Topic: Rx Take Back Event – October 22, 2016, 10:00 am-2:00 pm – Keosauqua Senior Center

- The schools do not need Law Enforcement Officers to pick anything up and the Health Care Center did not ever respond about needing medications picked up.
- Kris passed posters around to be hung in the community by coalition members.
- Lee is the one facilitating the Law Enforcement side of the event.
- Kris shared that she spoke with the Iowa ODCP director and he told her that the new Rx Take Back Box will be at the Sheriff's Office by the end of the month. Lee shared that it will be right inside the first door on the right when people enter the Sheriff's Office. Larry Thomas will still be providing his take back program and the mail in envelopes. Heidi mentioned it might be good to still participate in an annual Community Take Back and send in the medications from the Sheriff's Office at that time to be disposed of.
- Heidi shared that she attended the Milton City Council meeting and people there were interested in the event this weekend. It is being noticed and hopefully there will be a good turnout this weekend.

ACTION STEP: Hang Posters, Promote Event, and Hold the Event

By Whom: Coalition Members & Sheriff's Reserve Officers

By When: October 22, 2016

Topic: YLC Report

- Melissa shared that with Harmony coming over and the changes at the school the YLC Group has partnered with the Wellness Council at the school. The group is now covering wellness activities along with substance abuse prevention. The group chose to change its name to Warriors Ignite. The group has reset their goals to include some health promotion and signed a pledge to represent the group in the ways the group feels they should and there is a clause where if they are not they may be asked to leave the group. There were 35 High School members at the last meeting and over 50 at the Middle School meeting with both 7th and 8th grade members in attendance. The 7th and 8th grade students will be meeting separately from now on during their intervention time once a month. The middle school students were asked to complete an application at the first meeting. As long as they fill them out they are allowed to be a part of the group. If they are willing to do the application then they should be able to be in the group. There is a group that wants to do policy work.

ACTION STEP: Hold monthly meetings & Facilitate Activities

By Whom: Melissa & Kris

By When: Monthly

Topic: Community Partnership Grant Update

- Melissa shared that one of the biggest projects the hospital is addressing with this grant is policy work with the ball diamonds to have a written tobacco free policy. The ball diamonds do have policies for no tobacco, but they are not in writing. One of the problems is that some of the ball diamonds are not being used for youth activities regularly. So, it may be a challenge to sell them on a written policy. Melissa has been holding off to be able to include the youth. Heidi mentioned that it would be good to combine the no alcohol policy with it.

ACTION STEP: Work on addressing No Tobacco Policies at the Community Ball Fields

By Whom: Melissa & Warriors Ignite Members

By When: June 2017

Topic: Volunteer to Research ID Scanners

- Kris shared that with the STOP Act Grant the coalition had been able to purchase some ID Scanners that they provided to local merchants and some merchants purchased their own. Those are now becoming outdated and are hard to update. The company the coalition purchased them from has gone out of business and the company that manufactured them has stopped making them. The coalition staff were wondering if there is a coalition member who would be able/willing to research a replacement scanner that could be purchased by the local merchants as a group buy at a lower cost to them. Kris has contacted most of the businesses and the majority of them would be interested in purchasing one at a low cost. Rochelle Phelps volunteered to check into this for the coalition. It would be to check driver's licenses for tobacco and alcohol purchases. 15-20 merchants would be interested if they are the right price. Heidi mentioned the coalition staff would be interested in writing for a grant to help purchase the scanners as well. That could be done with one of the local foundations. Kitty commented that for business owners the id scanners are a benefit.

ACTION STEP: Research ID Scanners

By Whom: Rochelle Phelps

By When: December 20, 2016

Topic: Community Foundation of Van Buren County Grant

- Kris shared that the coalition has \$2959.56 left in this grant. It was written to pay for the OTC Curriculum for the 2016-17 School Year, Substance Abuse Prevention Promotion, and Prescription Drug Take Back Events. Kris asked how the coalition would like to spend the rest of that money by the end of January 2017 to be reported on in February 2017. The coalition staff looked into permanent yard signs to be used during the Rx Take Back Events; brochures and posters for the Rx Tack Back Box at the Sheriff's Office; and the final one was a program called "Before They Prescribe You Decide" through the American Medicine Chest – the cost to purchase the tool box is \$495 and then production of the posters. Julie commented that promoting the drop box sounds wise. Heidi suggested adding pharmacy bag stickers to promote the drop box. Ginger suggested a permanent yard sign for the drop box. Lee suggested magnet stickers to promote the drop box. Everyone agreed that the priority for the rest of the money will be to promote the Rx Drop Box at the Sheriff's Office.

ACTION STEP: Promote the Rx Drop Box at the Sheriff's Office

By Whom: Coalition Staff

By When: January 31, 2017

Topic: Van Buren County Foundation Grant – Coalition Newsletters

- Kris shared that the coalition has this grant to cover the production of two coalition newsletters. The Foundation only gave the coalition half of the money. After producing one newsletter the money remaining is \$410.28. It needs to be spent by the end of January 2017 as well. It costs \$1490 to produce a full newsletter. Would the coalition like to use other coalition funds to produce another newsletter or should the coalition use the funding differently? Ginger proposed using the remaining amount as far as it will go by focusing in on a newsletter just for the schools or something like that. Heidi explained the newsletter the coalition normally produces is four pages and the coalition could just do a one page front and back and be printed by the coalition instead of sending it to a printer. If the Rx Drop Box was promoted in it the coalition could use some of the other foundation money for it as well. Lee shared that there is Heroin in the county now. Rochelle said it is the highest rising trend in the Midwest now and the two Methadone clinics in the state have now been closed.

ACTION STEP: Make a one page front and back and promote the Rx Drop Box in it.

By Whom: Coalition Staff

By When: January 31, 2017

Topic: Other Business

- Julie shared that the Iowa Youth Survey will be done at the Van Buren Community Jr. /Sr. High School on October 31, 2016 with the 8th & 11th grade students. They have had two or three parents who opted out for their children. For the most part it has been well received. She is working with the Elementary School to pin down a date for the 6th graders to complete the surveys. Kris shared that Harmony 6th grade students will be taking the survey on November 3, 2017. Kris has been working with IDPH to clear up some confusion on the grade at Harmony only being the 6th grade at the Elementary School with no 8th or 11th grade as they are whole grade sharing with Van Buren for those grades. One of the coalition staff members will be helping to facilitate their survey. Heidi asked about their class size and the possibility of their not having enough students for results. Kris said she would check into that. There would be a county report with all of the students available in the end that would include those students.
- Ginger asked if Kris had taken the Drug Take Back Posters down to the day care. Melissa said she thought one was on their bulletin board, but she would check on it.
- Gloria shared that she attended a Human Trafficking Train the Trainer Training last week on Thursday. She can now present the curriculum to students and law enforcement. The recommended age level for the curriculum is 8th grade. Julie said she would look into adding that into the Life Skills session in the 8th Grade in the Explorer Rotation. Kim was also at the training and can help with presentations. Rochelle shared that she has had two clients in the local area, not Van Buren County, that have been victims of human trafficking. One is 15 and the other is 16. Online relationships that became boyfriends and were not real. One was rescued in an airport in Washington. A lot is happening through Chicago. Kitty said there is more of an influx of people in Ottumwa from Chicago. Gloria shared that girls can be targeted very quickly through pictures on the internet – 15 minutes is all it takes to find out who and where a girl is based on a school team picture.
- Heidi shared that the coalition staff have begun to organize the OTC Curriculum presentation with the Van Buren Community Elementary 5th Grade students. Kitty, Larry Thomas and Dr. Blair have all agreed to be a part of this again this year. Heidi is working with the 5th grade teachers to schedule the dates for these presentations.
- Tammy shared that at the November 1st DECAT Meeting Senator Kevin Kinney will be coming and talking about his work in human trafficking. He was a Johnson County Sheriff's Deputy for almost 30 years and was involved in one of the first human trafficking cases prosecuted in the state of Iowa in Keokuk County. He was part of an investigation into a ring that happened between Johnson and Iowa Counties. He is one of the people that has driven a lot of this legislation and the brand new office of Human Trafficking. Lee said it is surprising how easily people ignore these things and the seriousness and danger of them. Specifically he saw a show that was talking about clowns and just not taking them

seriously. It is easy for people to put blinders on. Rochelle said it is easy for people here to think it is safe because they are living in Iowa. Ginger commented that if anything sexual is mentioned it shuts down the conversation. Gloria mentioned labor slaves are also included in the human trafficking. There were 100,000 slaves in the civil war era and now the number is in the millions. Rochelle said it is hidden in plain sight and people are not willing to address issues that they see. They just want to ignore it and not get involved.

- Kim mentioned that during the Human Trafficking 8th grade training they recommend pairing up with Law Enforcement and have a presentation by them. Gloria and Kim thought it was two class periods long with a power point and discussion time. Julie said that it could even be put in on some extra days between rotations. It would be good to know how many sessions and how much time is needed to complete the curriculum. Kim shared that it covers a number of different issues for the youth. Kris pointed out that Don Pool and Chris Kauffman enjoy sharing with the youth and would be good for this project.

Next Coalition Meeting: Tuesday, November 15, 2016 at 9:00 a.m. at the Van Buren County Hospital's Community Services Center Conference Room.

Meeting Adjourned: At 10:00 a.m.

*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.